

Computer User Questionnaire

Do you notice any of these visual symptoms? Please rate the following symptoms by underlining the appropriate description:

<u>Symptom</u>	<u>Severity</u>		
Headaches during or after working at the computer	Mild	Moderate	Severe
Overall bodily fatigue or tiredness	Mild	Moderate	Severe
Burning eyes	Mild	Moderate	Severe
Distance vision is blurry when looking up from computer	Mild	Moderate	Severe
Dry, tired, or sore eyes	Mild	Moderate	Severe
Squinting helps when looking at the computer	Mild	Moderate	Severe
Neck, shoulder, or back pain	Mild	Moderate	Severe
Double vision	Mild	Moderate	Severe
Letters on the screen run together	Mild	Moderate	Severe
Driving/night vision is worse after computer use	Mild	Moderate	Severe
“Halos” appear around objects on the screen	Mild	Moderate	Severe
Need to interrupt work frequently to rest eyes	Mild	Moderate	Severe

If you feel any of these symptoms, show this questionnaire to your eye care specialist. You will benefit from a new type of eyeglasses that can eliminate the symptoms and dramatically improve your comfort level when working on a computer. These eyeglasses are specifically for computer users.